Orientation of First Year Students

A week long orientation programme was conducted for 180 students of first year BBA and B.Com from 2/7/2012 to 7/7/2012. The objective was to acclimatize the newbies with our system and culture.

1. Laughter Yoga

Famous laughter therapist Shri Kamlesh Masalawala explained the significance of laughter for the health of every person. A series of practical exercise were taught by him to the participants in the two hour session on Laughter Yoga and Therapy. The training hall echoed with belly jerking laughter during the entire session.

2. Know Your Institute

Miss Divya Gadaria explained the history, vision and mission of the institute to the new comers through a series of power point slides. The students were made aware of various rules and regulations. They were informed about the anti ragging rules and protection of all against any kind of sexual harassment. Students were apprised about uniform, college timings and were asked to refrain from taking lifts from anyone while commuting the college every day. They were asked to refrain from using motorbikes for commuting to the collage.

3. Adventure Sports

Members of Surat Nature Club conducted adventure sports for the new comers. ‘Flying Fox’ was organized by them and a large numbers of students and faculty participated in this daring activity of sliding on a rope from the ceiling of the first floor to the ground. The idea was to remove fear from harts of students.
4. **C.D. Show**

C.D. Shows on hasya kavi sammelan, safari park of Singapore, mega factories- Coca-Cola, Lays Chips and Al Burj, Sea World were held for the students. The participants were made aware of the treasure stored in internet which can be used for enhancing ones knowledge in any field. Another important CD show session comprised ‘Proud to be an Indain’ by Shiv Khera and one by Ms. Kiren Bedi on expectations from students.

5. **Personality Development Session**

![Miss. Rozy Patel](image)

Miss. Rozy Patel a talented radio jockey and an expert in etiquette training took a session on grooming and behavior of college students. She told them various ways to enhance their personality and improve self confidence.

6. **Movie Based Workshop**

![Movie Session](image)

Shri Himanshu Joshi took an entire day session on movie ‘Zindgi naa melegi dobara’ where students acquired an absolutely unique perspective of learning things from movies. They learnt to overcome their fears by trying new things, looking at things from a broader perspective and resorting to self introspection. The session ended with recital of poems by the resource person. Everyone gave ‘dad’ and demanded many more such sessions.

7. **Talk on Yoga and Meditation**

![Yoga Session](image)

Shri Haresh Tandel from ‘Patanjali Yog Peeth’ held a session on every day need of ‘yoga’ exercises. The participants were taught various exercises and the correct way of doing them. The entire session was highly informative. The trainer emphasized the need to keep the body fit through simple everyday exercises.
8. **Campus Tour**

All students were taken to a campus tour in small groups. They were familiarized with other departments of the University such as Pharmacy, MBA, MCA, Bio-Technology, Engineering, and Nursing etc. They also experienced a ‘Quiet Time’ at ‘Shrimad Museum’. The students had an introduction with the librarian while having a glimpse at the library. The tour also included visits to canteen, hostel, co-operative store the ATM kiosk.

9. **Antaxari and Orchestra**

First year students had an antaxari competition with final year students of BBA and B.Com on the beats of orchestra. It was a gathering in an informal environment where our very serious kind professors were also seen singing and laughing with students.

10. **Concluding Ceremony**

The secretary of BPKM Shri Kirit Patel addressed the new comers. He congratulated and appreciated them for joining one of the best University in the region. All were assured of quality time and education during the entire period of their stay in the campus.

During all the six days the new comers had an opportunity to interact with their peers during lunch time. The lunch was arranged by the university. The students had a taste of hospitality too.